

# CLINICAL PASTORAL EDUCATION

## ONLINE 2027

### What is Clinical Pastoral Education (CPE)?

CPE is an intensive and practical training program in pastoral/spiritual care using an action/reflection model of learning, supplemented with teaching sessions and reading. Participants will explore how to be present to others who are experiencing distress and how to offer grounded spiritual interventions informed by self-awareness, one's own faith background and best practice.

CPE consists of a minimum 400 hours of learning made up of:

200	hours of placement	90	hours of group work
10	hours of individual supervision	100	hours of reading, reflection and preparation

### Details

**NOTE: This unit is for people with experience offering pastoral care.**

An online CPE unit facilitated by Helen Vester, an experienced CPE Educator.

Dates: 4 February – 30 September 2027

Group work: Group days will be conducted online every second Thursday, starting 4 February. Attendance at group days is compulsory as classes are not recorded.

Individual supervision: 10 hours of individual supervision are included. Times to be negotiated.

Placement: 200 hours in a pastoral setting, including 100 hours of actual pastoral care. Average 6 hours/week.

Cost: \$3000 (If enrolled through the University of Divinity, FEE Help is available and Uni fees apply.)

**Helen Vester** B Theol, MA(Theol), Grad Dip Ed, B Tech(Hons), Prov CPE Consultant, AAOS supervisor

is an experienced CPE Educator and Professional Pastoral Supervisor based in Perth. She has a background as a high school teacher, prison and hospital chaplain. A Catholic layperson who embraces Ignatian spirituality and contemplative forms of prayer, Helen enjoys supporting people to develop their pastoral identity, grounded in their spiritual values. She also has a private practice offering professional supervision to clergy and others in pastoral roles. In her spare time Helen enjoys hiking, travelling and exploring Australia with her husband in their camper.



*Helen, I value your listening without judgement, your noticing and giving feedback with kindness and love. CPE Participant*

Only six people can be accepted into this CPE program. Please direct your **enquiries** to:

**CPE Educator: Helen Vester**

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